

**Carol Martin-Sperry**

**Magazine & Newspaper Interviews and Articles include:**

| <u>Year</u> | <u>Month</u> | <u>Publication</u>       | <u>Title</u>                     |
|-------------|--------------|--------------------------|----------------------------------|
| 2009        | May          | Red                      | Anger                            |
|             | May          | Family History Monthly   | Skeletons in the Cupboard        |
|             | March        | Prima                    | Anger                            |
| 2008        | October      | Cosmopolitan             | Friendship                       |
|             | September    | Top Sante                | Older Women                      |
|             | August       | More                     | Men and Affairs                  |
|             | August       | More                     | Why Men Go Off Sex               |
|             | August       | Evening Standard         | Sex Addiction                    |
|             | June         | Top Sante                | Creativity and Confidence        |
|             | April        | Cosmopolitan             | Swingers                         |
|             | April        | Guardian                 | How Many Lovers?                 |
|             | April        | Circus                   | Compassion Fatigue               |
|             | March        | Evening Standard         | Top 20 Therapists                |
|             | February     | Red                      | Valentine's Day                  |
|             | February     | Circus                   | Sex and the Over 60s             |
|             | January      | Eve                      | Saying No                        |
| 2007        | September    | Daily Mail You Magazine  | Independence                     |
|             | January      | The Oxford Times         | Writing As Therapy               |
| 2006        | December     | My Weekly                | Shopping Addiction               |
|             | August       | Easy Living              | Think Positive                   |
|             | July         | Psychologies             | Sexual Intelligence Test         |
|             | June         | Psychologies             | Celibacy                         |
|             | June         | Wedding                  | In-Laws                          |
|             | April        | Cosmopolitan             | Be Happy                         |
|             | April        | The Guardian             | "The Squid and The Whale" Review |
|             | February     | Psychologies             | Affairs                          |
| 2005        | December     | Psychologies             | Infidelity                       |
|             | December     | Cosmopolitan             | Should I End The Relationship?   |
|             | August       | The Daily Mirror         | Don't Worry                      |
|             | August       | Easy Living              | Moral Support Column             |
| 2005        | March        | The Economist            | Divorce                          |
|             | January      | Real                     | 5 Brief Therapy Sessions         |
| 2004        | October      | Evening Standard         | Being A Counsellor               |
|             | March        | Bella                    | Family Secrets                   |
| 2003        | November     | More                     | Good Boys, Bad Boys              |
|             | September    | Cosmopolitan             | Will It Last?                    |
| 2002        | April        | Zest                     | Work-Life Balance                |
|             | March        | Daily Telegraph Magazine | Stress                           |
| 2001        | December     | Glamour                  | Relationships In Recession       |
|             | June         | Shine                    | Arguments                        |
| 2000        | November     | She                      | A Brief Therapy Session          |
|             | November     | Bella                    | Relationships                    |
|             | August       | New Woman                | Men & Emotional Baggage          |
|             | July         | Bella                    | Families                         |
|             | June         | Cosmopolitan             | Counselling                      |

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|-------------|--------------|-----------------------|---|
|             | March        | Red                   | Healthy Relationships                           |
|             | February     | Bella                 | Is Your Partner Sleeping With Your Best Friend? |
| 1999        | September    | Good Housekeeping     | Families  |
|             | August       | Shape                 | Affairs   |
|             | May          | Women's Journal       | Love and Money                                  |
|             | May          | Good Health           | How Therapy Helps                               |
|             | April        | Independent on Sunday | Partners In Counselling                         |
|             | March        | Daily Express         | Forgiveness                                     |
| 1998        | July         | Essentials            | True Love & Romance                             |
|             | June         | Essentials            | Snooping  |
|             | May          | Essentials            | Love At First Sight                             |